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| 1 | 1979 All-Americans Swimming Team |
|------|--|
| 2 | 1979 All-Americans Long Distance Swimming |
| 2 | Calendar of Events |
| 2 | Annual Convention, Las Vegas, NE; November 26, 1979 |
| 3 | The Detroit News - Husband, wife win 10 swim titles (about Bill and Joyce Burrell and Burwell "Bumpy' Jones & Bill King) |
| 3 | Cardiologist decries jogging mania, myths by Mary Jane Schier |
| 3 | Photos with captions |
| 4 | For the Record - 1979 Short Course Top Ten Addendum (Errata) |
| 4-5 | 1979 Long- Course Top Ten Addendum (Errata) |
| 6 | 1979 AAU National Masters & Grand Masters Synchronized Swimming Championships |
| 6-8 | Results Southeastern AAU Masters, SCY, Oak Ridge, TN, 10/27-28/1979 |
| 9 | Tragedy at the swim meet - The Oakridger, Oak Ridge, TN, 10/30/1979 (about Joseph Henry - died at 46) |
| 9-10 | Photos with captions- SE AAU Championships |
| 11 | Results Eighth Annual Leatherstocking Open, SCY, Oneonta, NY; 10/7/1979 |
| 12 | Swimming master sets records at 80 by Rich Jablonski - Daily Star 10/8/79 (about Clarence Ross) |
| 13 | Masters Swimming Notes - Subscription Rate Increase |
| 13 | 1980 Short Course Nationals |
| 13 | Ronnie Burns of Great Britain Writes |
| 13 | 97 Year Old Wins In Yakima |
| 13 | Air Controller Dies in Colorado Accident (about Jim Wardwell) |
| 13 | Canadian Group Would Like To Attend a Meet In the USA |
| 13 | Medical Thoughts From Manuel Sanguily, MD |
| 14 | Swim Calendar |

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| 1-2 | The Agony Of the Dryland Swimmer, by Dr. Jane Katz |
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| 3 | Swimming - A good workout in the water makes use of almost every muscle in your body Reprinted from Ford's Insider 1979 |
| 4-5 | For the Record - New England Masters Annual Hal Onusseit Memorial Meet - Harvard University - December 1979 |
| 5 | S.P.R.D. Winter Development Meet, SCY, North Shore Pool - St Petersburg, FL – 1/13/1980 |
| 5-6 | Mt Hood Community College Short Course - Oregon Masters Swimming - 10/28/1879 |
| 6-8 | DC Masters 8th Annual Fall Classic Swim Meet, SCY, Montgomery College Swimming Pool – 11/3/1979 |
| 8-9 | Arizona Masters, SCY, Valencia Pool, Phoenix, AX - 10/13/1979 |
| 9 | AAU Masters Diving California Gold Cup Championships, Chula Vista, CA, 10/13/1979 |
| 9 | Las Vegas AAU Masters Diving, 11/25/1979 |
| 10 | Swim Hall of Fame Gets President With Practice by Steve Sonsky (about Jack Kelly) |
| 10 | Ironman Scott Tours Hawaii by Walter Krietsch (about Dave Scott) |
| 10 | 300 Enter Otter Masters - The Swimming Times December 1979 |
| 11 | Masters Swimming Notes - Subscription Rate Increase |
| 11 | All-American Additions (1979 AA errata) |
| 11 | Swimmer Killed In Plane Crash (Air Force Major Rowland Stanley) |
| 11 | Run Aids Hunger Project |
| 11 | From Dean C. Rogers Jr. of Virginia |
| 11 | 1980 United States Aquatic Sports Convention (First Annual - Snowbird, Utah Sep. 29 - Oct. 4th) |
| 11 | Swimming the 1650 |
| 11 | Thought For The Day |
| 11 | National SC Swimming Championships |
| 11 | And On A Finishing Note (Jean Jacques Rousseau, 1712-1778) |
| 12 | Swim Calendar |

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| 1-3 | I Swam For My Life by Arthur Hargrave (about Arthur Hargrave and what happened on 5/15/71) Issue 49 Well-Being |
|-----|--|
| 3 | Swimming dean, 56, Logs His 1,000th Mile; Now He's a Dolphin by Michael Wester |
| 3 | Scotland's First Masters Meet |
| 4 | The Backstroke - by John Naber, Olympic Gold |
| 4 | Ann Jannarone - 98 Pound Jock! by L. Dooman |
| 5 | Butterfly And Breaststroke Stroke Drills by Nancy Begley, Women's Varsity Swimming Coach, Western Illinois University |
| 6 | For the Record – Michigan Masters Swim Meet, SCY, Berkley Hlgh School, 1/19/1980 |
| 6-7 | P.N.A. Masters Swim Meet, SCY, Shoreline Pool, Seattle, WA; 1/27/1980 |
| 7-8 | East Y Fall BC Masters Meet, SCY, East Y Pool, Tucson Arizona, 11/10-11/1979 |
| 8-9 | Southern Connecticut Mid-Winter Invitational, SCY, 1/5/1980 |
| 9 | 5th Annual Long Beach Masters Diving, Belmont Plaza - Saturday, 9/9/1980 |
| 9 | Irish News by Brendan O'Reilly - Dublin Masters Swimming Tournament, 10/13/1979 |
| 10 | Kidney patient takes care- not to miss anything by Mike Madigan - Rocky Mountain Times News, 3/8/1978, (about Dick Strickland) |
| 11 | Masters Swimming Notes - Subscription Rate Increase |
| 11 | All-American Additions (1979 AA errata) |
| 11 | Excuses Galore - PNA Newsletter |
| 11 | From Lisa Berryman - a poem |
| 11 | Definitions of Rules (about the definition of Event) |
| 11 | Another Plea For the 200 Fly & 400 IM in the Nationals |
| 11 | New England Masters Men Edge Brown Women's Varsity 11/10/79 |
| 11 | From the Old Sternwheeler's Masters Monthly - quotes |
| 12 | Swim Calendar - March - April |

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| 1-2 | Cardiovascular Exercise Prescribed for Depression by Dr. Paul Hutinger, Professor Western Illinois University |
|-----|--|
| 2 | Crusaders With a Message are Often Giant-Size Bores, But Not So Brian, 59, and Merle Duffy, 54, or Sandgate, Australia |
| 2 | Cartoon |
| 3 | New Directions For United States Swimming |
| 4 | Giving Up Coffee - One Man's Experience by Ray Chen |
| 5 | For the Record - Metro Masters Meet, SCY, Bethpage, NY; 3/9/80 |
| 5-6 | Hawaiian Association A.A.U., SCY, University of Hawaii Pool Humuhumurukumukuadua'a S.C.' 3/9/1980 |
| 6-7 | P.N.A. Masters Swim Meet, SCY, Sumner Pool, Sumner, WA, 3/9/1980 |
| 7 | S.P.A. Winter Development Meet, SCY, North Shore Pool, St Petersburg, FL, 3/23/1980 |
| 8 | 76-year-old Merritt 'Masters' swimming, by Bob Scott Staff Sports Writer (about Irv Merritt) |
| 8 | Men and Women Short Course Open Records and Women Long Course Open Records - no names |
| 8 | Photos - OK Masters Meet |
| 9 | Short Course Records - April 1980 (no names) |
| 10 | Long Course Records - April 1980 (no names) |
| 11 | Masters Swimming Notes - From Manuel Sanguily To All Swimmers Who Plan To Come To Fort Lauderdale For The Nationals |
| 11 | To All Masters Swimmers Coming To The Nationals In Fort Lauderdale |
| 11 | My Boo-Boo |
| 11 | Captain Ransom J. Arthur Award 1980 Committee |
| 11 | Rules |
| 12 | Swim Calendar |
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Swim Calendar

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| 1 | Photos - National A.A.U. Men's and Women's Short Course Masters Swimming Championships 5/16-18/1980 |
|------|---|
| 2 | Masters Swimmers Proving Older Is Better - by John Wolin (The Miami Herald, Saturday May 17, 1980) |
| 2 | Masters Swimming Event Is Also an Age Barometer by Rob Seitz - The Miami Herald Monday May 19, 1980 (about Ann McGuire) |
| 2 | Wilkie Takes Care of Business Again by Hal Habib - Miami Herald, Sunday May 18, 1980 (about David Wilkie) |
| 3-10 | Results - 1980 National A.A.U. Men's and Women's Short Course Masters Swimming Championships 5/16-18/1980 |
| 10 | Captions for photos on page 1 |
| 10 | Notice to All Directors of Meets & Top Ten Chairmen |
| 11 | Four ways to avoid injury |

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| 1-2 | I'm In Over My Head by Angie Sinacore |
|-----|---|
| 2 | Cartoon from Swimming World Magazine |
| 3 | Masters Diving - Indoor Championships 1980 Results and Photos - Woodland, TX 5/24-25/1980 |
| 4 | Photos - National Short Course Masters Swimming Championships |
| 5-9 | 1979 World Swimming Rankings LCM |
| 10 | Hints On Doing the Breaststroke |
| 11 | Masters Swimming Notes - A Satisfied Swimmer |
| 11 | News of Johnny (Weissmuller) |
| 11 | Yet Another Plea (for 200 fly and 400 IM et.al, in Nationals) by Dick Cheadle |
| 11 | Fingers in the Freestyle |
| 11 | Special Award (to Rita Shepard) |
| 11 | New Book - 'Not Afraid to Wade' |
| 11 | From the Nautilus Aquatic Club Newsletter |
| 11 | Rules (about relay rules) |
| 12 | Swim Calendar |

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| 1-10 | 1979-1980 Short Course Top Ten - National 10 Best Times |
|------|--|
| 11 | Comments - From The Masters Swimming Chairman, Ted Haartz - (Masters history) |
| 12 | Pictorals - Some Notes At Ladies Swimming Competition |
| 13 | Masters Swimming Notes - Does the Picture On The Opposite Page Portray The First Masters Swimming Meet? (Editorial about page 12 picture -A Ladies Swimming Competition) |
| 13 | First Woman To Lead YMCA - since inception in 1891 (Mrs Dean K. Boorman) |
| 13 | Newsletter for Canadian Aquatic Masters |
| 13 | Men's and Women's Open Records SCY with names |
| 14 | Swim Calendar |
| 14 | Meet results submission |

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| 1 | Photos - 1980 National A.A.U. Men's and Women's Long Course at Santa Clara International Swim Center |
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| 2 | Prevention Heart Disease Through Exercise and Diet by Bernard Silber, M.D. Rinconada Masters |
| 2 | ISHOF - become a life member |
| 3 | From the Beginning - The Rinconada Masters |
| 3 | A History - Masters Swimming Update |
| 3 | Masters Swimming Board of Directors |
| 4 | Tam Masters Host Long Course Meet - Veteran swimmers after more national records by Ralph Chatoian (about Jane McCollister and Nancy Ridout) Independent Journal, Marin County, CA, July 10, 1980 |
| 4 | Hawaii's 'old' swimmers are tops just check the world rankings by Ann Miller, (about Lloyd Osborne) Advertiser Sports Writer- The Sunday Star-Bulletin and Advertiser, Honolulu, July 21, 1980 |
| 5 | Results Powel Crosley, Jr, YMCA; Masters Long course Swim Meet, Cincinnati, OH; 8/23/1980 |
| 5-6 | North Miami Beach Swim Club, LCM, North Miami Beach, FL; 8/2/1980 |
| 6 | Texas A & I University Long Course Meet, 3/8-9/1980 |
| 6-7 | Hawaiian Association A.A.U. University of Hawaii Pool, Waikiki Swim Club 7/27/80 and 8/3/80 |
| 7-8 | How Pacific Association Masters ranked in the 1979 World Top Ten |
| 8-9 | Corvallis Long Course, LCM, Oregon Masters Swimming - 6/8/80 |
| 9-10 | I.U. Masters Annual Long Course, LCM, Bloomington, IN; 8/10/1980 |
| 10 | Bob Donnelly Jr. Memorial, LCM, - East Hartford, Conn. 8/2/1980 |
| 10 | Ransom J. Arthur, M.D. Father of Masters Swimming (history) |
| 10 | Keeping Score (points dependent on region that meet is held) |
| 11 | Masters Swimming Notes - Long Course Nationals At Santa Clara, CA by June Krauser |
| 11 | Jean Garbus Of Michigan Masters Writes (about Paul Reinke - died July 7, 1980) |
| 11 | Gay Rosser Reports (on death of Larry Rosser 1974 Masters Championship Meet) |
| 11 | Send In Meet Results from Jean Meservey |
| 11 | Foreigners At Nationals? from Ken Krueger |
| 11 | Top Ten Patches |
| 11 | Rules |
| 11 | Snowbird, Utah - First Annual Aquatic Convention September 29-October 4, 1980 |
| 12 | Swim Calendar |

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1-9 1979-1980 LCM Top Ten and Records

10-17 1980 National A.A.U. Men's and Women's Long Course results; Santa Clara, CA 8/29/1980

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