



SWIM-MASTER

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| 4 | Scottish News by Ronnie Burns -(about Kalback Lager Scottish Masters Championship at Greenrock, 12/6-7/1980 |
| 4 | Medical Facts and News by Theodore W. Johnson (about Pangamate or B-15) |
| 5 | Photos - 8th Annual Southeastern Championships, SCY, Oak Ridge, TN, 10/25-26/1980 |
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| 9 | California Masters Gold Cup Diving Championships, Chula Vista, CA; 10/18/1980 |
| 10 | Ohio Association Columbus Academy, SCY, Columbus, Ohio, 10/5/1980 |
| 10 | D C Masters 1650 and 200 Fly meet, SCY, Northern Virginia Fun and Fitness, 12/14/1980 |
| 10 | Long Course Top Ten 1980 Errata and Records Errata |
| 11 | Swimming News - What's In A Name (United States Masters Swimming newly formed) |
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| 2 | National Top Ten and Records by Enid Uhrich |
| 3 | Photos - submitted by Ham and Mildred Anderson, Bob Heritier and Edie Gruender |
| 4 | Hirsty Back Into Swim of Things by Dick Heller (about Jacalyn Hirsty) reprinted from the Washington Star |
| 5-6 | Results - O*H*I*O Masters C.T. Branin Natatorium, SCY, Canton, OH - 12/6-7/1980 |
| 6 | Ohio Association Columbus Academy, SCY, Columbus, OH - 12/7/1980 |
| 6 | Swim the Channel by Wallace H. Pilcher |
| 7-8 | GOLD Coast Masters Fall Swim Meet SHOF pool, SCY, Ft Lauderdale, FL 11/15-16/1980 |
| 9 | Short Course American Masters Swimming Records - February 1981 (no names) |
| 10 | Long Course American Masters Swimming Records - February 1981 (no names) |
| 11 | Swimming News - Old Sternwheeler's Christmas/Hanukkah Message |
| 11 | From Pacific Northwest Newsletter |
| 11 | Alumni Group Being Formed (Amateur Senior Competition) |
| 11 | Metropolitan D.C.'s 1980 Swimmer of the Year (Jacalyn Hirsty) |
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| 7 | For The Record - Errata LCM 1980 Top Ten Revised to Include results form Ohio Masters |
| 7-10 | 7th Annual Pentathlon - City of Industry 9/27/1980 |
| 10 | Ohio Association Columbus Academy, Columbus, OH - 2/1/1981 |
| 11 | Swimming News - "Captain Ransom J. Arthur Award - call for nomination |
| 11 | Sub Masters 20-24 - Ted Haartz comments |
| 11 | Swimming For Total Fitness - A Progressive Aerobic Program -Jane Katz - book review |
| 11 | Corrections - correct "now" to Not" page 2 first line - Swim-Master February 1981 and 35-39 - 1500 Meters records error |
| 11 | Inaugural Swim Meet is Success - First Madinat Al-Jubail Al Sinaiyah Inaugural Swim Meet Saudi Arabia, only male competitors allowed |
| 11 | Where They Are Now - John Spannuth has been overseas for 2 years - he is now supervisor of pools for the city of Ft Lauderdale. |
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| 4 | Photo - Miami Masters Mile Participants - 3/15/1981 |
| 5-7 | For The Record - Results - 11th Annual Southern Regional Short Course Championships, SCY, St Petersburg, FL - 4/3-5/1981 |
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| 8 | Results- Fourth Annual National Masters Hour Swim Results - January 1981 |
| 9 | Results - 1981 Mid-Winter Invitational, SCY, Los Angeles, CA - 1/17/1981 |
| 10 | Results - Lake Oswego Invitational Masters Swimming S/C Lake Oswego, Oregon - 2/7-8/1981 |
| 11 | Swimming News - Information Needed |
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| 11 | National Record Setters (rules) |
| 11 | Five for Five (about 80 year old Martha Keller) |
| 11 | Beer and Swimming in Cologne, Germany (8th Annual International Masters Meet, Cologne, Germany - Nick Fazzano) |
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| 2 | 1981 United States National Masters Short Course Swimming Championships article and photo captions for page 1 |
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| 9 | Evenin C. Herald, Sanford, FL (about John Sorman) |
| 10-11 | Executive Fitness Newsletter, Rodale Press, Inc. April 18, 1981 Vol 12, #8 All About Your Bad Back |
| 11 | Swimming News - DC's Dr. Chen Reports |
| 11 | Pearls of Wisdom From "The Aerobics Way". Applying Them To Masters Swimming, from D.C. Masters Wave Maker (about Dr Ken Cooper's book) |
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| 9 | Ex-Roommates Top Seven Marks In Masters Swim - Special to the Washington Post (about Dot Wise and Chris Ruppert) |
| 10 | 20 years after Rome, Mulligan is still in the swim by Beth Sheboy (about Bill Mulligan) |
| 10 | Former Olympian still competes in swimming by Beth Sheboy (about Joe Bottom) |
| 11 | Swimming News - C.T. Branin Natatorium, A Noble Ediface by Mark P. Coughlin |
| 11 | New England Masters - Profile - Maddie Brown |
| 11 | 2nd International Masters Swimming Meet; |
| 11 | New Finish Rules For All Strokes |
| 11 | New Transfer Rule For Masters Swimmers |
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