

1983

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- 2 cartoon
- 2 Masters Swim poem by Dore Schwab (reprinted from the Old Steernwheeler)
- 3 Masters Keep Melick in the Swim (Philadelphia Daily News Friday Aug 13, 1982) (Dr. Judy Melick)
- 4 Exercise Can it improve your sex life? by Dr. Art Molien -(The Honolulu Advertiser Friday July 6, 1982)
- 4 Gil Spear swimming 1500
- 4 Exercise and friendship top list of reasons masters enjoy swimming by Randy Hall
- 4 Photo Gill Spear, 87, swims hard during the 1500-meter freestyle event.
- 5 Research in Sports Nutrition by Ann Grandjean, R.D., M.S. Associate Director Swanson Center for Nutrition, Inc., Omaha, Nebraska (Reprinted from National Strength & Conditioning Journal Oct-Nov 1981
- 6-8 Results Southeastern Masters Championships, SCY, Oak Ridge, TN 10/23-24/1982
- 8 1982 Christmas Meet, SCY, South Gate, CA 12/4/1982
- 8-9 Fall Long Event Meet, SCY, Industry Hill, CA 12/11/1982
- 9-10 New England Masters Swim Club Ann/Hal Onuesseit Memorial Meet, SCY, Harvard University Blodgett Pool - 12/12/1982
- 10 Arkansas Masters Swim Club, Westside YMCA Pool, Little Rock, AR, SCY 1/8/1983
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- 3 Former International Stars Dominate the 'Masters' Sun Life/ASA Masters competitions, Blackpool, October 22nd/24th; The Swimming Times January 1983
- 3 Pain's cause was right before him Boston (AP) (about goggles migraine)
- 4 Golden Age fitness personified in film star Buster Crabbe at 72 by Fred Ferguson, United Press International, Sunday 9/9/1980
- 5-6 Results Department of Recreation Masters Swim Meet, SCY, Washington D.C. 1/29/1983
- 6 Cartoon The Master Swimmer by Jeanne Merryman
- 7-8 Gold Coast Masters Fall Swim Meet SCY, SHOF pool, Ft Lauderdale FL, 11/13-14/1982
- 9-10 Official Entry Blank For Individual Events 1983 United States Masters Swimming National Short Course Championships, Ft Lauderdale, FL 5/28-31/1983
- 10 Information & Liability Release 1983 United States Masters Swimming National Short Course Championships, Ft Lauderdale, FL 5/28-31/1983
- 11 Swimming News Short Course Nationals
- 11 Major Errors In Long Course Top Ten For 1982 (1982 Long Course Top Ten Errata)
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- 11 Masters Swimming poem by Vivienne Cherriman England
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- 2 For some, swimming is a second love by Rick Stroud St Petersburg Times Correspondent
- 2 Photos Gold Coast Masters Swimmers etc.
- 3 Swimming the Channel Ashby T. Harper '39
- 4-5 1983 Hour Swim results
- 6-8 Results Maryland Masters Sixth Annual Winter Swim Meet, SCY, 2/26-27/1983
- 8 DC Masters Swing Into Spring Swimming Meet, SCY, Fairfax, VA, Statlit Aquatic Center, 3/12/1983
- 9 Third Annual Triad Masters Swim Meet, SCY, Greensboro, North Carolina, 3/5/1983
- 9 Cartoon by Jeanne Merryman
- 10-11 Masters Media Manipulation by Dr. Ken Krueger
- 11 Swimming News 75 & Over Record Breaking Relay photo Hazel Montgomery, Anderson, Pearl Miller and unknown
- 11 SHOF Hosts A Reception For Art Linkletter photo -Wally Spense, Art Linkletter and June Krauser
- 11 Short Course Nationals
- 11 Did You Know?
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- 13 Swimmers of all ages master courses by Dan Kelly Broward Sports Editor
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- 2 A Letter To Share (to June Krauser from Ransom Arthur)
- 2 In Memoriam Clara Sved Tandem Swim Club
- 2 Persistence Spells Success by Mark Coughlin
- 3 At Fort Lauderdale Corrections to Ft Lauderdale results, May 28-31, 1983
- 3 Photos Dorothy Donnelly receiving Ransom Arthur Award
- 3 Swimmers, poem by Cynthia Bruce
- 4 At 81, He's Dean of Joggers (about Thomas K. Cureton)
- 5 Results Summer Development Meet I, LCM, Scottsdale Civic Center Pool, Scottsdale, AZ, 6/8/1983
- 5-10 1983 Short Course Champs, SCY, Woodland Hills, 4/30/1983
- 11 Swimming News Errata 1983 U.S. Masters Hour Swim
- 11 From Florence Sturmark
- 11 Ode To A Changing Age Grouper poem by Jack Geoghegan about James K. Edwards
- 11 by Neil Soloman, M.D. (about exercise and length of life)
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- 10 Masters Swimming by Maret Thorpe (about Lexington Masters Swim Team)
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- 11 Cartoon of human brain by Anne Ackerman
- 11 Photos Southern Regional, St Petersburg, FL
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- 12 US Masters Swimming Championships by T.W. Robson
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- 2-11 Results Long Course National Championships Indianapolis, IN 8/25-28/1983
- 11 Masters swim keeps adults fit by Elizabeth House, GreensboroNews & Record, Sat, July 30, 1983
- 12 A fun idea for fitness that puts adults in the swim by Joan Gillespie
- 12 They're taking the plunge The Milwaukee Journal, August 5, 1983
- 13 Swimming News Long Course Nationals
- 13 Swimming Trivia
- 13 Sample Workouts
- 13 Long Course National Results (relays were not included)
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- 2 USMS Convention Minimeet results, October 2, 1983
- 2 Convention Report, June Krauser
- 3-12 1983 LCM National 10 Best Times
- 12 Grandma not too old to win, by Kurt Freudenthal (about Gail Roper)
- 12 Ripple Swimmer Back After 25 Year Absence by Dick Denny (about Manuel Sanguily)
- 13 Swimming News Subscription Expiration Date
- 13 Reason For Swimming
- 13 Fort Lauderdale, FL (about Alfonso Allen first black in the program and first to win a Masters National Championship event)
- 13 What Next?
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