

*United States
Masters
Swimming*

SWIM - MASTER



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3	Accepting Chronological and Physiological Age - An Editorial Opinion by Susi Chandler
3	Photos - (Don Greetham) (Diane Reed - The Tennessean Monday May 20, 1991) (Pearl Miller)
4	Freestyle - The Nashville Nationals by Tom Lyndon (Reprinted from NEM News -taken from July-August Swim Magazine)
5	World Masters - Short Course Records- dated May 1, 1991 - no names (Reprinted from Mastercrawl, Official Newsletter of New Zealand Masters)
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7	Muscle Cramps, S-T-R-E-T-C-H Spells relief (Queensland Masters Swimming Newsletter)
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