

Committee Name:	Coaches Committee		
Committee Chair:	Trey Taylor	Vice Chair:	Molly Hoover
Minutes recorded by:	Molly Hoover	Date/time of meeting:	May 14, 5:00p PST

Roll Call

Number of committee members present: 11	Absent: 4	# of other delegates present: 1
Committee members present (list all, including chair and vice chair): Trey Taylor (Chair), Molly Hoover (Vice Chair), Ken Brisbin, Nadine Ford, Michael Hamm, Terry Heggy, Laurie Hug, Cokie Lepinski, Chris McPherson, Aaron Schneider, Celia Wolff		
Not present: Andy Seibt (excused absence), Brandi Bashor, Bill Brenner, Jacky Merianos		
Others present: Barbara Sloan		

Minutes

The meeting was called to order at 5:04pm Pacific Standard Time

1. Welcome!

2. Sub Committee Assignments

- a. Web Workouts - (Molly Hoover) - Long course workouts have been added to the workout categories for the summer months. They are interspersed with the yards workouts to appeal to those who have access to a long course pool over the summer months.
- b. World Coaching - (Cokie Lepinski/Jacky Merianos) - Huge thank you to Cokie and Jacky for all their work with this!
 - i. Cokie - We have chosen Bonnie Adams from Swim Oz in Arkansas. She is amazing! What stood out isn't only her experience with large numbers of swimmers, but her passion and enthusiasm. She has great technical skills and we are in good hands with Bonnie.
 - ii. Jackie and Cokie have been developing a written document of the process so that whoever takes it over next year will know the steps and what needs to be done.
- c. Education - (Terry Heggy)
 - i. Terry shot videos for Level 2 and 3 coaches training with Bill. Bill will add these to his presentation he uses for coaches training classes. This will be a vast improvement over the video quality we've had in the past.
 - ii. Grown Up Swimming - Jeff Commings did a presentation on this and Terry is wondering if our committee should do something to help promote it in the future.
 1. We could put together a video for the facebook page or something along those lines. Let people know this exists and the resources that are in place to help set up a program.
 2. Chris - This is active in Nashville, her advice is to not add officials or make it too structured. It is purely for fun. She is wondering what kind of ideas Terry has as far as the promotion of it.

- a. Terry is thinking just getting the word out there using our roles as coaches. How can we get more people interested in doing swimming as part of their general lifestyle?
 - 3. Aaron is in NOLA and this makes a lot of sense for his area, but he is skeptical of the swimmer who chooses to do this because it is a very different experience than when they come to a masters practice. He is wondering how it works/feels to bridge that gap.
 - a. It's very low key, entries go in the week before a meet or so. It is pure joy for those that do it. Some are competitive in masters meets and some have never raced before.
 - 4. It is prominent on the east coast, and the west coast is getting it. Kenny is still learning more about it. His area is in the process of picking captains and securing pools. There are officials but not true officiating. A great thing to get out to coaches, which could be done through LMSC Communication.
- d. National Coaches Clinic - (Celia Wolff) - We have 4 out of the 5 needed presenters secured for the clinic. Everything else is moving along as planned.
- e. Awards (Chris/Aaron/Laurie) - As of now we have 1 Kerry O'Brien submission. Submissions are open until July 1. but might extend to July 15 so it can be marketed better.
- f. Level 4 - (Michael Hamm) - We have had 1 person apply and pay for Level 4.
 - i. The deadline is July 14 to submit.
- g. LMSC Communications - (Molly Hoover) - Molly will add the awards info and deadline as well as level 4 deadlines to the email this month.
- h. Mentoring - (Nadine Ford/Chris McPherson) - Chris is working with Nadine to help her start taking over the program.
 - i. They need to work with the committee to continue restructuring the program. They are hoping to come up with a proposal by the end of the year and secure some funding.
 - ii. Nadine has communicated with someone as far as applying to be a mentee.
 - iii. Trey - Any ideas for restructuring should be done by Relay so Trey can sit down with Dawson to present it.
- i. Peer to Peer - (Jacky Merianos) - Nothing to share.
- j. On-Deck Coaching - (Celia Wolff) - We've had more sign up, but still have some slots available, especially the 6am slot. Hopefully things will get filled up once the registration closes at the end of the month.
- k. Publications/Forum - (Terry Heggy) - Nothing new to report.
- l. Long Distance - (Mike Hamm) - Nothing new to report.
- m. ALTS - (Mike Hamm) -
 - i. Cokie shared about ALTS regarding her facing interesting challenges. She put water wings on an 80 year old man's ankles. They got his legs lifted up and were able to get him swimming. Another gal had a terrible problem putting her face in the water. She was able to do it with a giant mask, and now she can swim with goggles and side breathing. Cokie has learned as much from them as they have from her.
 - ii. Celia - Bill ran an ALTs class last weekend and 2 girls from the class taught a hotel worker to swim after going back so excited with what they had done in the class. Another lady who saw them wanted a lesson as well and was able to blow bubbles by the end. There were 16 in the class,

a majority of them from that area. The enthusiasm for the program has been amazing.

- iii. The ALTS committee is working on making people more aware of how many people can't swim. They are trying to get every LMSC to get involved with participants and financials.
- iv. Nadine - They have changed their structure so that new swimmers aren't freaked out by "masters swimmers" so they just call it Level 1, Level 2, etc...
- n. D&I - (Nadine Ford) - Still working on D and I coaches and looking at trans policies.
- o. Aaron - LMSC development - They are working on Relay. Speakers have been set up. Those attending NCC can attend relay speakers, but not the other way around. Topics are out and published as well.

3. **Special Assignment - Award Bios (Hold for now)**

4. **Final Roll Call**

The meeting was adjourned at 5:48pm Pacific Standard Time.